



RIDE EUROPE

ROUTE 1. STAGE 1. DAY 4.

PAMPLONA TO LOURDES SPAIN, ANDORRA AND FRANCE

APPROXIMATELY 140 MILES (225KM)

This is a classic Pyrenean crossing. Sheep graze beside the road, griffon vultures soar overhead and every summit reveals a dramatic panorama.

Leaving Pamplona, your journey takes you towards the Monastery of San Salvador de Leyre, one of Spain's most significant religious and historic sites. Reconstructed in 1057, this ancient monastery is home to a community of Benedictine monks who keep its centuries-old traditions alive.

Nearby lies the ghost village of Tiermas, now mostly swallowed by the waters of the Yesa reservoir after being submerged when the dam was constructed. As water levels drop, eerie ruins of the old village resurface – a haunting sight that connects past and present.

After leaving Tiermas, you'll head into the Roncal Valley, on the border with France. Cross over to the ski resort of Arette La Pierre Saint-Martin, a great spot to take a break with plenty of places to eat and drink. From here, make your way to Arudy.

Your route then leads to one of the most famous Catholic pilgrimage sites in the world, Lourdes (and the Sanctuary of Our Lady of Lourdes). Each year millions of visitors descend on the Grotto of Massabielle, where in 1858 the Virgin Mary is said to have appeared to a peasant girl. Visitors can drink or bathe in the spring water that flows from the grotto, believed to hold healing powers – adding a unique experience to your ride.

WHERE TO STAY

Lourdes has more than 200 hotels to suit every budget and plenty of campsites:

Camping de la Forêt – Just off the D937 towards Lourdes, 3 miles (5km) from Lourdes city centre

Recommended hotels:

Hotel Mercure Lourdes Impérial

3 Av. du Paradis,
65100 Lourdes,
France
all.accor.com



HIGHLIGHTS

- Roncal Valley
- Col de la Pierre Saint-Martin
- Col de Labays
- Ossau Valley
- High Pyrenees
- Sanctuary of Our Lady of Lourdes
- Château Fort de Lourdes



ROUTE MAP



Scan the QR
code or click
here to view
the route

DEPART FROM PAMPLONA

	Road	Direction
Leaving Pamplona, pick up and follow	A21	Jaca/Tiermas
At Leyre, follow	N240	Jaca
After Tiermas pick up and follow	NA137	Burgui-Burgi/Roncal
Continue on At the border	NA137/D132	La Pierre Saint-Martin/Arette
Then follow	D918	Asasp-Arros/Arudy
Then follow	D920	Louvie-Juzon
In Louvie-Juzon follow	D35/D937	Lourdes

Disclaimer: These are suggested routes only and we cannot be held responsible for the condition of the roads, the weight of traffic or any detours. Fuel stations can be few and far between in some rural areas of France and the Pyrenees. Make sure you start each day with a full tank and top up when you can.

IN CASE OF EMERGENCY **call 112** from any mobile phone